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## **MY BACKGROUND**

I was born and raised in High Point, North Carolina. At an early age, community service and helping others was instilled in us as my mother was a public-school educator for 36 years and my father operated his own welding shop and volunteered as Mr. Jaycee or Kiwanis for over 30 years. After high school, I graduated from NC State University with a Bachelor of Science and earned my Master's from the University of Virginia. Today, I am the proud father of four grown kids whom I share with Carolyn, my wife of over 18 years (also a lifelong educator).

## **HOW I PRIORITIZE MY WELLNESS**

Having a large family, I prioritize my wellness by spending as much time with them and my wonderful grandchildren. I also enjoy traveling, reading and watching all types of sports.

## WHY I BECAME A FINANCIAL ADVISOR

Despite having a successful 16-year career in Sports Medicine, I made the switch from sports to the business world upon the arrival of my first child in 1984. A few years later in 1989 during Hurricane Hugo, my daughter was born. These two events reminded me how important it was to plan for both your now and your future, and as a result I started my pursuit of becoming a Financial Advisor. As an Advisor, I've been able to live out my true role and calling of caring for my client's financial futures and helping to prevent financial injuries.

## WHY I CHOSE ALLEGACY

I consider my luckiest professional day to be when I was provided the opportunity to join Allegacy as a CFS\* Financial Advisor in 2007. Joining Allegacy has provided me the opportunity to work diligently on behalf of our hardworking Credit Union members to help them achieve their long-term goals. I believe my experience and training in Sports Medicine has translated well in helping others plan ahead and prepare for life's many eventualities.

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