

# the cure for common medical costs

Whether you're starting a job, having a baby or facing retirement, current and potential health care costs are worth considering.

A Health Savings Account (HSA) from Allegacy is a dividend-bearing savings account that's similar to an IRA but gives you the ability to pay for medical expenses with tax-free money. An HSA can protect you from catastrophic medical costs while building a nest egg of tax-deferred savings.

Whether you're starting your first job, having a baby or facing retirement, current and potential future health care costs are something that you need to consider. Allegacy — in partnership with our insurance group — can help you plan, save and pay for major medical expenses, both now and well into your retirement years. Opening a health savings account is a good place to start.

Allegacy has partnered with Bend Financial to provide an innovative and enhanced web portal for use with individuals with a Health Savings Account (HSA). The cobranded web portal, created by Allegacy and Bend in collaboration, provides tools for engagement, funding, savings and payments.

#### **HOW TO USE YOUR HSA**

You can withdraw money tax-free from your Allegacy HSA at any time if it's used to pay for qualified medical expenses<sup>2</sup>, including most medical, dental and vision care. You can pay medical expenses for yourself as well as for your spouse and dependents, even if they are not covered by your health care plan.

Qualified medical expenses also include premiums for long-term care insurance, health insurance while unemployed, health insurance under COBRA continuing health coverage and certain health insurance premiums after age 65.

Your HSA funds can be used for medical expenses now or in retirement. But remember, HSA withdrawals used for anything other than qualified expenses are subject to income tax and a 20% IRS penalty tax (unless due to death or disability).



#### AM I ELIGIBLE FOR AN HSA?

Possibly. You must be covered under a Qualified High Deductible Health Plan (QHDHP). Under this kind of plan, you pay for all your medical expenses out-of-pocket until your deductible is met. However, you can use your HSA funds to pay for these expenses.



In order to open an HSA account, your QHDHP must meet the annual deductible and out-of-pocket expense limits shown in the chart below. Check with your health insurance provider to ensure that your health plan meets these requirements.

HDHP Limits*	Self-Only Coverage	Family Coverage
Minimum Annual Deductible	\$1,500	\$3,000
Maximum Out-of-Pocket Expenses	\$7,500	\$15,000

In addition to being covered under a QHDHP, you cannot be covered by another health plan, enrolled in Medicare or be claimed as a dependent on another person's tax return.

### HOW TO FUND YOUR HSA

Contributions to your Allegacy HSA are tax-deductible and must be made by your tax return due date. The maximum amount you can contribute each year depends upon whether you have self-only or family QHDHP coverage.

Total HSA Contribution Limits*	Self-Only Coverage	Family Coverage
If Age 54 or Younger	\$3,850	\$7,750
If Age 55 or Older additional \$1,000 catch-up contribution on top of self-only or family coverage contribution limit	\$4,850	\$8 <i>,</i> 750

Take control of how rising medical costs affect you.

## PAY FOR MEDICAL COSTS OR SAVE FOR THE FUTURE? ALLEGACY HELPS YOU DO BOTH.

Health care costs are an unavoidable part of life. Thanks to Allegacy you can take control of how rising medical costs affect you and your plans for the future with a tax-deductible and tax-deferred HSA.

<sup>&</sup>lt;sup>1</sup> Consult your tax advisor. <sup>2</sup>Qualified medical expense is defined as those expenses paid for care as described in the Section 213 (d) of the Internal Revenue Code. Refer to irs.gov for futher details and clarification.\*Limits are established by the IRS and may change annually. Funds go to the HSA before taxes are taken out.