

WellQ Announces First Member Business

Winston-Salem, N.C., March 2, 2018 – WellQ, an innovative partnership between Wake Forest Baptist Medical Center and Allegacy Federal Credit Union focused on improving both the physical and financial wellbeing of people in our community, announced its first member business, Spilman Thomas & Battle, PLLC.

Opened February 7, 2018 in the Innovation Quarter, WellQ is a membership-based service that provides access to convenient high-quality health care for everyday illnesses and wellness needs, along with wellness and financial coaching and education.

Spilman Thomas & Battle, PLLC, located in Winston-Salem at 110 Oakwood Drive, is providing its 27 full-time employees the benefits of the WellQ membership which includes same day treatment of minor illnesses such as strep throat, upper respiratory illnesses, poison ivy and pink eye, for just \$35 per visit. Financial benefits include membership at Allegacy Federal Credit Union with an AllHealth Wellness Savings Account, offering higher-than-market dividends, health care financial advising, no-obligation Healthcare Financial Planning to help plan for current and future health care costs and on-site financial education classes.

"Spilman Thomas & Battle is proud to partner with WellQ and to offer our employees access to a convenient and holistic wellness program," said Jeff Patton, Member in Charge, Spilman Thomas & Battle. "We applaud Wake Forest Baptist Medical Center and Allegacy Federal Credit Union for reframing the dialogue around wellness."

Additional health benefits include complimentary annual wellness exams and monitoring of conditions such as diabetes and high blood pressure, health screenings, wellness classes and access to 24-hour virtual visits. A convenient onsite visit-related pharmacy is stocked with common prescriptions and over-the-counter medications.

"We are thrilled that Spilman Thomas & Battle is furthering its support of the physical and financial wellbeing of its employees with memberships to WellQ," said <u>Julie Ann Freischlag</u>, <u>M.D.</u>, CEO, Wake Forest Baptist Medical Center and Interim Dean, Wake Forest School of Medicine. "We are proud to offer services that allow the firm and others to join our mission of improving the overall health and wellbeing of the folks who live and work in our community."

"Leaders at Spilman Thomas & Battle recognize the value of having an affordable place where employees can take a short drive to receive care for minor illnesses and receive financial education and advice," said Cathy J. Pace, President and CEO, Allegacy Federal Credit Union. "While WellQ is in the heart of downtown Winston-Salem, it is a convenient location for the majority of Winston-Salem."

WellQ is located at 575 N. Patterson Avenue next to the Allegacy financial center at Biotech Place in Wake Forest Innovation Quarter. Annual membership for an individual is \$199 and \$249 for a family. Up to two adults and children/dependents ages 2-21 who share a household are included in the family membership. Membership may be free to individuals if their employer opts to add WellQ as a corporate benefit.

About WellQ

Opened in February 2018, WellQ is a collaboration between Allegacy Federal Credit Union and Wake Forest Baptist Health to address the needs related to two of the largest factors of wellbeing - physical and financial wellness. Believed to be the first of its kind, WellQ is a membership-based service providing access to convenient high-quality health care for everyday illnesses and wellness needs, along with wellness and financial coaching and education. The clinic at WellQ is operated by Wake WellQ, LLC with experienced, licensed providers from Wake Forest Baptist Health. To learn more, www.yourwellQ.com.

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