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## **Allegacy Federal Credit Union Honored As Top Triad Healthiest Employer**

**Winston-Salem, N.C., November 15, 2018** – Allegacy Federal Credit Union has been named ‘Best in Class’ during the Triad’s Healthiest Employers awards program sponsored by *The Business Journal*. Allegacy earned first place in the midsize employers.

Allegacy’s AllHealth wellness program was introduced in 2009 and has earned the ‘Best in Class’ honor seven times. The award recognizes employers for creating a healthy workplace and measures six key wellness categories including culture and leadership, foundational components, communications and marketing, strategic planning, programming and interventions and reporting and analysis.

“The promise that our organization makes to its employees, members and community is to always do the right thing for their wellbeing,” said Cathy Pace, President and CEO, Allegacy Federal Credit Union. “We are extremely proud of the success of our AllHealth wellness culture and our employees who strive to be the best they can be by embracing the wellness resources and incentives. Those take into account their holistic wellness, as opposed to focusing on a more singular definition of wellness such as physical fitness, for example.”

At Allegacy, employee wellness includes focusing on many dimensions including physical, emotional, social, financial, and purpose. The credit union’s offerings include biometric screenings to determine benchmarks regarding blood pressure, cholesterol and glucose levels and an on-site wellness coach to help with goal setting and tracking results, as well as subsidies towards the purchase of healthy food items, access to mental health providers, onsite massage to facilitate a better work life balance, and career development resources. Allegacy provides a free gym and fitness classes at its headquarters, in addition to discounts at the YMCA.

Financial incentives include health savings and flexible savings account contributions, additional paid time off, health insurance premium reductions, wellness related gift cards, race registration fee reimbursement, and incentives tied to YMCA engagement.

Allegacy has partnerships with numerous health organizations such as Novant, UNC Greensboro's Leonard J. Kaplan Center for Wellness, Wake Forest Baptist Medical Center, and the YMCA of NWNC.

### **About Allegacy**

For 51 years, Allegacy has helped its members, employees and the communities it serves be their best by helping people make smart financial choices. By doing right, Allegacy has become one of the largest credit unions in North Carolina serving more than 148,000 members worldwide with over \$1.4 billion in assets and an additional billion dollars in assets under management in its financial planning group. With roots in Winston Salem, Allegacy has 16 locations and eight high school student-run credit unions. Allegacy offers personal and business financial services to help a broad membership base including the employees, retirees and families of over 1,800 companies throughout the country be their best. To learn more, visit [Allegacy.org](http://Allegacy.org).

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